

# Risk Management Bulletin

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## Children and Choking Hazards

### General Advice from the Winnipeg Children's Hospital

The Winnipeg Children's Hospital recommends that we 'manage the risk' to reduce the possibility of a child choking on a wiener, grape, carrot or other similar shaped food item. With children's lunch programs and hot dog days, we should be prepared to handle a choking hazard.

#### *Best Practices Include:*

- ✍✍ Children remain seated while eating any food. They must not run or walk with food in their mouth or lie down.
- ✍✍ Young children under four years of age should not be given round wieners, but have the wieners sliced.
- ✍✍ Staff should have appropriate first aid training and be prepared to handle a choking hazard. Know what to do in an emergency situation.

Visit MAST's website for additional risk management information at [www.mast.mb.ca](http://www.mast.mb.ca)

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