

## HELP FOR PARENTS OF THE BULLIED (AND BULLIES)

Safe Schools Manitoba has just released a new resource,



**SAFE SCHOOLS**  
MANITOBA

[Understanding and Responding to Bullying: A Guide for Parents](#). This two-page brochure can help parents and other concerned adults determine whether a child is in fact being bullied. If the answer to that question is “yes,” the document outlines steps that can be taken to help the child, including working with the child’s school. The guide also has sections



to help parents address the issue if their child is actually the bully rather than the bullied, and one intended to assist parents of children who are witnesses or bystanders to incidents of bullying.

## OUR LATEST DIVISION DISPATCH

The focus of our latest video Division Dispatch is helping boards to connect with *everyone* in their divisions. [They are All Part of the Division](#) identifies ways of engaging some of the traditionally less-involved electorate—recent grads, those with no children, seniors, etc.—and helping them develop the same sense of school ownership usually found with parents, division employees and students. The video also looks at ways of engaging organizations from areas outside of education, such as health care, policing, transportation or agriculture, and helping them become more strongly connected to public education.



## 100 YEARS OF REMEMBERING

This year marks the 100th anniversary of the First World War, the Great War, the war to end all wars. A recent publication, *Life and War Poems*, may help students capture the essence of that conflict. The author, Alexander Sinclair, joined the Canadian Expeditionary Forces in 1915. He worked as a driver, bringing ammunition to the front with horses and mules. The poems were written from the trenches during the war, and later when Sinclair returned to Winnipeg. The poems are a unique historical collection, touching on famous battles such as Vimy Ridge and Passchendaele, and are written in a variety of poetic forms. To learn more or to obtain a copy of *Life and War Poems*, contact the publishers [Doug Sinclair](#) or [Garth Palanuk](#).

## PURPLE FOR MENTAL HEALTH

Did you know that this Friday, October 10, is Light up the World in Purple Day? The day, established by the [Amanda Todd Legacy Society](#) with support from the World Federation of Mental Health, is a campaign designed to recognize the importance of mental health, and to de-stigmatize mental illness. On that day, buildings and structures will shine purple to help create awareness for World Mental Health Day, and support Amanda’s legacy in promoting discussions surrounding mental health issues, digital safety, cyberbullying and exploitation. In addition to the lighting up of landmark buildings, fountains and bridges, people are also encouraged to wear purple and create purple activities, to increase dialogue about mental health and related issues.



## CELEBRATING TEACHING EXCELLENCE

The government of Manitoba is now seeking nominations for the annual [Manitoba’s Celebration of Excellence in Teaching – Minister’s Awards](#). These awards honour innovative and effective teaching practices in four categories: teaching excellence (three awards, one each in early, middle and senior years), outstanding new teacher (one award for a teacher with a maximum of two years’ experience), team collaboration (one award recognizing a maximum of three teachers who spearheaded a new initiative), and outstanding school leader (one award to a principal or vice-principal). Nominations can be made by students and their parents or guardians, school or divisional administrators, teacher colleagues or trustees. Winners will receive a certificate of recognition and a \$500 cash award. The deadline for receipt of nominations is December 10, 2014.



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