

## GRADE 5 MENTAL HEALTH SURVEY

[Healthy Child Manitoba](#) recently released the [Grade 5 Mental Health Survey Results 2015-2016](#). The survey measured the mental health and wellbeing status of Grade 5 youth across Manitoba through a Strengths and Difficulties Questionnaire, and self-rated questions on health and mental health. The survey was voluntary, with school divisions, independent schools, and First Nations invited to participate. Thirty-two of Manitoba's 37 school divisions took part.



**Healthy Child Manitoba**  
Putting children and families first

Both Grade 5 students and their teachers completed the survey. Students answered questions about their mental health and wellbeing, and teachers answered questions about their students. The survey looked at five areas of mental health and wellbeing: prosocial behaviour, emotional symptoms, peer relationship problems, conduct problems, and hyperactivity/inattention. Results of the survey will be used to determine ways in which youth mental health and wellbeing can best be supported.



## CANADA SERVICE CORPS

Each year, we learn about some of the outstanding young people in Manitoba when we review nominations for our annual Student Citizenship Awards. But did you know that the Government of Canada has a program to recognize and support the work of some of those same students year-round?



The [Canada Service Corps](#) believes that young Canadians want big things for themselves, their communities and their country, so it's building a program that gives youth the opportunity to serve, while learning valuable skills and gaining experience. One important aspect of this program are the [#RISINGYOUTH Community Service Grants](#). These grants come in three different amounts:

- \$250 grants, awarded monthly, for simple ideas like community events or gatherings;
- \$750 grants, awarded bi-monthly, for bigger ideas, such as building a community garden, or distributing care packages; and
- \$1500 grants, awarded quarterly, for projects that involve a larger group of people to drive impact. Projects at this level of funding need a budget and a mentor or community reference to apply.

Projects must be created and led by youth, and applications can be submitted online. To learn more, check out the [#RISINGYOUTH FAQs](#).

## TALKING CANNABIS

On April 19, Manitoba School Boards Association Executive Director Josh Watt represented the Canadian School Boards Association before the Standing Senate Committee on Social Affairs, Science and Technology.

The topic of discussion was Bill C-45, [The Cannabis Act](#). We've posted a link to the [committee hearing](#) on our advocacy page.



## WHY DO YOU SERVE?

School board elections are six months out, and in the next few weeks, we'll be distributing updated resources to school divisions to help them inform potential candidates and the broader community about the role of school boards, and the importance of trustee elections. But in the meantime, we're hoping that you will help us build one of those resources by answering one simple question: why do you serve as a school trustee? Your answer—which can be anywhere from one to three sentences long—will be used to provide a snapshot of the varied backgrounds and motivations of Manitoba's 300+ serving school trustees. And speaking of snapshots . . . we will be asking featured trustees for a photo to include with their statement. Questions, comments, or a statement for inclusion? E-mail Director of Education and Communication Services [Heather Demetrio](#).



## School Boards Leadership, Service & Advocacy for Kids Learning & Communities

### School Trustee Elections - October 24, 2018

## WORTH A LOOK!



The Conference Board of Canada®

A new publication by the [Conference Board](#)

[of Canada, \*Making the Connection: Growing Collegiality and Collaboration between K-12 and PSE Educators\*](#), may be of interest to school boards and administrators. This report offers insights into how partnerships and communities of practice can improve the connection between K-12 and PSE educators in the arts, humanities, and social sciences, to the benefit of educational institutions, educators, and students. There is no charge to access this document, but an E-library account is required.

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